

Gurdwara Weekly Classes & Activities

Monday

Dilruba Classes

Time: 6:00 PM - 8:00 PM

Age Group: 16+ years

Instructor: Experienced Musicians

Learn the traditional Sikh string instrument used in kirtan.

Tuesday

Baby/Toddler Group

Time: 9:00 AM - 10:00 AM

Age Group: Ages 0-4

Instructor: Community Volunteers

Social activities for young children and parents.

Boxing & Fitness

Time: 6:00 PM - 8:00 PM

Age Group: 12+ years

Instructor: Certified Trainers

Fitness and boxing training for all skill levels.

Wednesday

Santheya (Religious Education)

Time: 6:00 PM - 8:00 PM

Age Group: All Ages

Instructor: Religious Teachers

Traditional Sikh religious education and scripture study.

Thursday

Wrestling

Time: 6:00 PM - 7:00 PM

Age Group: 10+ years

Instructor: Traditional Masters

Traditional Punjabi wrestling techniques and conditioning.

Harmonium and Tabla

Time: 7:00 PM - 8:00 PM

Age Group: 10+ years

Instructor: Music Instructors

Learn traditional instruments essential for kirtan.

Friday

Youth Discussion Forum

Time: 7:00 PM - 8:30 PM

Age Group: 13-25 years

Instructor: Community Leaders

Weekly discussions on Sikh values and modern challenges.

Saturday

Punjabi Language Classes

Time: 10:00 AM - 12:00 PM

Age Group: 8+ years

Instructor: Language Teachers

Learn to read, write, and speak Punjabi.

Sunday

Gatka (Sikh Martial Arts)

Time: 6:00 PM - 8:00 PM

Age Group: 8+ years

Instructor: Gatka Masters

Traditional Sikh martial arts with weapons training.

Upcoming Special Classes

Dastaar Tying Workshop

Time: Saturday, September 14, 2024

Age Group: 12+ years

Instructor: Community Elders

Learn the traditional art of tying turbans from experienced community members. Time: 2:00 PM - 4:00 PM

Kirtan Training Workshop

Time: Sunday, September 22, 2024

Age Group: 16+ years

Instructor: Renowned Kirtanis

Intensive workshop on devotional singing techniques and traditional ragas. Time: 10:00 AM - 3:00 PM

Children's Summer Camp

Time: July 15-19, 2024

Age Group: 6-14 years

Instructor: Multiple Instructors

Week-long camp covering language, sports, arts, and cultural activities. Time: 9:00 AM - 3:00 PM